



"Tell me a fact, and I'll learn. Tell me a truth, and I'll believe. Tell me a story and it'll live in my heart forever..." *Indian Proverb*



## Seek and Speak Your Powerstory

June 11, 18, 25. July 9, 16, and 23.

7 pm to 8:30 pm EST, plus 30-minutes additional work time, support, if desired, till 9 pm.

An on-line zoom workshop.

This is a signature workshop taught to thousands of women since 2000. If you are a woman who wants to articulate who you are, what you stand for and how you contribute to the world... this workshop is for you. It will support you in seeking to know and build your own story for personal, business or entertainment reasons. Both beginner and experienced storytellers are welcome.

- Identify your message of truth
- Uncover work and life story topics
- Realize the power of the personal story
- Develop a five-minute story
- Learn tips on crafting a story and techniques for sharing it

Your workshop includes the following:

- Expert instruction by two experienced professionals
- 10 hours of on-line instruction (includes the optional 30-minute bonus)
- A 45-minute private consultation
- 35-page workbook
- Access to all recorded sessions
- Lifetime access to all class recordings and online resources
- Opportunity to present story to a zoom audience
- Opportunity to present story to a live audience at Voices of Women Theatre Festival.

Cost - \$495.00.

Powerstories Theatre believes that powerful connections begin with a story. Stories help others feel valued and validated. They help people feel alive and engaged in their communities. Our mission at Powerstories Theatre is to stage true stories of women and girls to open minds and hearts. The mission for this workshop is to help you realize the power of your story...and use it to thrive.

All workshops to be held on Zoom.

Register online at  
[www.powerstories.com/seek-and-speak-your-powerstory](http://www.powerstories.com/seek-and-speak-your-powerstory)

For any questions, please contact Janice Creneti at [janicecreneti@gmail.com](mailto:janicecreneti@gmail.com) or Fran Powers at [Fran@powerstories.com](mailto:Fran@powerstories.com).

## Testimonials from Past Participants

*"Attending the Seek and Speak Your Story Workshop changed my life by giving me a safe space to be vulnerable and share my story in a way that could impact an audience. It was the right balance of setting the scene and providing a broad brush sense of the impact of my childhood experience. It opened a door for me to step out from behind the fear I had of speaking in public and gave me a whole new freedom to be me, warts and all."*  
 - Pegotty C.

*"When Powerstories sent an email recruiting for their next Women's group, I was sitting on my couch at my lowest, low. My son had died less than a year earlier, and I was still not getting on with my life. I remember wanting to be involved because I had the opportunity to see "Let the Stories Move You" and was quite moved by the production. After approaching all of my friends who I thought might be interested and getting a resounding no from everyone, I was at the crossroads. Try something I've never done before or remain on the couch going nowhere. I went alone. I never looked back. Being a part of Powerstories has restored me to my full self. Being able to share my story of grief and showing others how you can come through has changed me forever. I never imagined I would also receive a gift of lifelong friendships with amazing women."*  
 - Cheryl F.

*"Many years ago I shaped the Powerstory about my close relationship with my dear mother, and her unexpected, early death. I told how in the height of my intense grief, I was astounded when six gorgeous horses galloped down my city street in a way that had never happened before or since, decades later. Sharing this story helped me see how it uplifted me so much at the time. The telling also enabled me to understand the experience as a direct gift from my beloved mother which filled my being. Writing and sharing this Powerstory solidified this amazing event in my mind, and touched many people, according to their reports."*  
 - Janice N.S.

Ask about the Jo Ranney Scholarship – This is a scholarship for up to 100% of the course fee. Jo Ranney was a long time Powerstories facilitator who specialized in working with Cancer patients. We are offering these scholarships in honor of her life and her love for the power of story. Apply online at [www.powerstories.com/seek-and-speak-your-powerstory](http://www.powerstories.com/seek-and-speak-your-powerstory).



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## About the Facilitators



**Fran Powers** is the Founder of Powerstories Theatre Inc. Her first vision for the company came to her in 1998 as she crossed the Wyoming border on a bike ride across America. When she returned to Tampa Powerstories Theatre was born. Since then, Powerstories Theatre has served over 30,000 individuals and sixty

organizations through producing professional theatre, developing new playwrights through *The Voices of Women Theatre Festival*, teaching *Seek and Speak Your Powerstory* Workshops and empowering young girls through Girlstories Leadership Theatre.

In 2010, Powerstories Theatre won The National Arts and Humanities Youth Program Award, and it was presented to Fran at the White House by former First Lady Michelle Obama. In 2011 Powerstories won the WEDU award for Artistic Excellence and in 2013, Fran was honored as a Community Hero by the Tampa Bay Lightning.

Fran has written and produced twelve autobiographical plays and one musical *Raising Twelve on a Nickel and a Prayer*. She has a bachelor's degree in Theatre from Fontbonne College in St. Louis, Missouri, and a master's degree in education from the University of South Florida.

Fran's greatest wish is that everyone honors and celebrates their unique stories.



**Janice Creneti** is the founder of the Fertile Voice, seeking to leverage the power of our personal stories and emotional journeys as a vehicle for social change, personal transformation and creating a more loving, empowered world. She learned the power and process of personal storytelling through her work with Fran Powers and

Powerstories Theater of Tampa, directing the first two seasons of their Girlstories Theatre program (winner of a 2010 National Arts and Humanities Youth Program Award), directing women's' shows in their *SheVolution* series, and becoming a certified facilitator of their *Seek and Speak Your Story* program. An award-winning actor and director, she is the author and performer of her solo show, *My Year of Saying No*, recounting her journey to reclaim her own voice. *My Year of Saying No* debuted at Powerstories' inaugural Voices of Women Theatre Festival in 2021.

Janice spent 35 years in public schools as a high school teacher then instructional coach working with teachers and educational leaders to address the opportunity gap. She was recognized for that work with a national SIM Leadership Award from the University of Kansas Center for Research on Learning. She co-developed and collaborates on the *CreateAWorld* YouTube series which interviews individuals who have created programs that celebrate and elevate humanity's potential for good.

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